

Emergency Natural Remedies for the Medicine Cabinet

3 John 2 – “Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.

JESUS IS THE PHYSICIAN OF ALL PHYSICIANS... **Matt 4:4** – “...It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.”

Jeremiah 46:11 – “Go up into Gilead, and **TAKE BALM**, O virgin, the daughter of Egypt: in vain shalt thou use many medicines; for thou shalt not be cured.”

BALM = #6875 in the Hebrew section of the Strong's Concordance = tser-ee (sor-ee) to leak;
distillation/Balsam/Balm

BALSAM = Oil from plants; vegetable juices

BALM = The sap or juice of trees or shrubs; Any fragrant or valuable ointment
In Botany = Many plants

Ezekiel 47:12 – And by the river upon the bank thereof, on this side and on that side, shall grow all trees for meat, whose leaf shall not fade, neither shall the fruit thereof be consumed: it shall bring forth new fruit according to his months, because their waters they issued out of the sanctuary: and the fruit thereof shall be for meat, and THE LEAF THEREOF FOR MEDICINE.

“There are many ways of practicing the healing art; but there is only ONE WAY that heaven approves. God’s remedies are the simple agencies of nature that will not tax or debilitate the system through their powerful properties.” (CD 301.2)

“When the abuse of health is carried so far that sickness results, the sufferer can often do for himself what no one else can do for him. The first thing to be done is to ascertain the true character of the sickness and then go to work intelligently to remove the cause...” (MH 235.1)

“If the harmonious working of the system has become unbalanced by overwork, overeating, or other irregularities, do not endeavor to adjust the difficulties by adding a burden of poisonous medicines.” {MH 235.1} (See also 20MR 36.2)

WHY NOT?

“By the use of poisonous drugs, many bring upon themselves lifelong illness, and MANY LIVES ARE LOST that might be saved by the use of natural methods of healing. The poisons contained in many so-called remedies create habits and appetites that mean ruin to both soul and body. Many of the popular nostrums called patent medicines, and even some of the drugs dispensed by physicians, act a part in laying the foundation of the liquor habit, the opium habit, the morphine habit, that are so terrible a curse to society.” {MH 126.4}

“A practice that is laying the foundation of a vast amount of disease and of even more serious evils is the free use of poisonous drugs. When attacked by disease, many will not take the trouble to search out the cause of their illness. Their chief anxiety is to rid themselves of pain and inconvenience. So they resort to patent nostrums, of whose real properties they know little, or they apply to a physician for some remedy to counteract the result of their misdoing, but with no thought of making a change in their unhealthful habits.

If immediate benefit is not realized, another medicine is tried, and then another. Thus the evil continues.

{MH 126.2}

“Let **physicians teach** the people that **restorative power is not in drugs, but in nature.**” {MH 127.1}

“People need to be taught that **DRUGS DO NOT CURE DISEASE.** It is true that they sometimes afford present relief, and the patient appears to recover as the result of their use; this is because nature has sufficient vital force to expel the poison and to correct the conditions that caused the disease. Health is recovered in spite of the drug. But in most cases **the drug only changes the form and location of the disease.** Often the effect of the poison seems to be overcome for a time, but the results remain in the system and work great harm at some later period.” {MH 126.3}

“The Lord has given some **simple herbs** of the field that at times **are beneficial;** and if every family were educated in how to use these herbs in case of sickness, much suffering might be prevented, and no doctor need be called. These old fashioned simple herbs, **used intelligently, would have recovered many sick** who have died under drug medication.” {21MR 290.1}

VERY IMPORTANT: THE PEN OF INSPIRATION NEVER SUPPORTED THE USE OF DRUG MEDICATION:

“In regard to the book on Christian temperance, that portion that was expressed in reference to drug medication as though it was recommended by me is not according to the light that I have been given to present to the people. I must, if I made this statement, have done so in expressing the idea of **working away from the use of all drugs** concocted at the apothecary. **WE HAVE NO USE FOR THEM. WE SHOULD NOT VINDICATE THE USE OF DRUG MEDICATION...**” (20MR 36.2)

THE #1 CAUSE OF DEATH = DRUG MEDICATION:

“There are more who die from the use of drugs than all who would have died of disease had nature been left to do her own work.” --H. to L., Chap. 3, p. 61. {HL 244.4}

Gary Null Ph.D. states in this video series, when addressing the New York State Assembly in October, 2009, when New York State was making it a mandatory law that all Medical Staff receive the H1N1 Vaccination. He states in this video series, that after doing all his research, **the research proves that the #1 cause of death is not heart disease, but drug medication.**

Part 1: <http://www.youtube.com/watch?v=y3XIJB7J5-o>

Part 2: <http://www.youtube.com/watch?v=Ch5OuzB9L48>

Part 3: <http://www.youtube.com/watch?v=tAgWO2yq1k8>

“Every person should have a knowledge of nature's remedial agencies and how to apply them. It is essential both to understand the principles involved in the treatment of the sick and to have a practical training that will enable one rightly to use this knowledge.” {MH 127.2}

HERBAL FIRST AID KIT:

- Activated charcoal
- Castor oil
- Cayenne pepper
- Clay powder
- Echinacea

- Eucalyptus oil
- Goldenseal
- Oil of oregano
- Oil of Oregano
- Peppermint oil
- Pine sap (pitch)
- Propolis (a red or brown resinous substance collected by honeybees from tree buds)
- Vitamin C powder

FOODS TO ALWAYS KEEP ON HAND:

- Bananas
- Cabbage
- Cucumbers
- Garlic
- Ginger
- Honey
- Lemon
- Olive Oil
- Onion
- Parsley
- Potato
- Salt
- Turmeric

WHAT TO DO FOR THE FOLLOWING EMERGENCY SITUATIONS:

1. Food Poisoning: 1-3 heaping T. **ACTIVATED CHARCOAL** in 32 oz. (large Mason Jar) of water...Stir this and drink all...Be sure to refill jar with water one or two more times and drink.

2: Diarrhea: Take 1-2 heaping T. **ACTIVATED CHARCOAL** in a 32 oz. Jar of water...do same as above.

3: Vomiting/Nausea: Take 2-3 heaping T. of **ACTIVATED CHARCOAL**...Administer right after episode of vomiting...This is the reflux time...**FOR NAUSEA:** Many times, if the stomach is so poisoned, the **ACTIVATED CHARCOAL** will act like ipecac and cause vomiting, but this will bring relief.

4: Severe Abdominal Cramping: Make a Charcoal Poultice and apply over stomach region as well as administer 2-3 heaping T. **ACTIVATED CHARCOAL** in a 32 oz. Jar of Water...do as above.

5: Fevers: Feverfew Tea works great for fevers as do garlic enemas and sucking on lemons...Sponge bathing with tepid water...Apply a poultice over the stomach region with **ACTIVATED CHARCOAL**.

6: Drug Poisoning: Give 3 heaping T. of **ACTIVATED CHARCOAL** to start with in a 32 oz. Jar of water...Give 1 T. every hour.

7: Snake Bites: Suction out area of bite....Apply **ACTIVATED CHARCOAL POULTICE MIXED WITH TEA TREE OIL.** Give some **ACTIVATED CHARCOAL** mixed in water by mouth as well.

8: Ant Bites: Apply **ACTIVATED CHARCOAL POULTICE MIXED WITH TEA TREE OIL.** Give some **ACTIVATED CHARCOAL** mixed in water by mouth as well.

9: Bee Sting: Remove stinger. Do the same as for Ant Bites with the **ACTIVATED CHARCOAL**.

10: Heart Attack: Place one pinch of **CAYENNE PEPPER** (90,000 Heat Units) Under the person's tongue and also mix 1 teaspoon in one cup of water and have person drink this if able to. **THE HERB ARNICA** also helps stop a heart attack in its tracks.

11: Stroke: Do the same as for Heart Attack. Also, Place ½ t. **cayenne pepper** and ½ t. **mustard powder** in hot bathwater. Let the person soak in bath water as hot as possible, until he sweats profusely. Watch him so that he does not faint and his head slips down into the water. Mix 1 oz. each of fluid extract of black cohosh and wood betony and 1 t. cayenne tincture. Give 1 t. every 30 minutes, until patient improves: then continue every 1-2 hours as his/her conditions warrants. **OR** you can give the person a footbath in hot water with mustard and cayenne. Ring out a piece of flannel soaked in hot water, with mustard and cayenne. Wrap this around hot water bottle and place it on the feet.

12: Tachycardia: Ice packs over the heart and wrists (can use wash cloths/dish rags that have been dipped in ice water and wrung out, then wrapped around wrist)...May put ice in large plastic bag; cover with towel and place over heart for a couple of minutes...check heart rate every couple of minutes.

13: Toothache: Clove Oil/Activated charcoal...Mix 1 t. activated charcoal with a couple drops of clove oil and water; mix and spread in quarter size piece of gauze, folding the gauze then placing back in infected tooth area.

14: Low Blood Pressure: Put ½ t. cayenne pepper in 1 cup of water and drink immediately.

15: High Blood Pressure: Drink a few cups of water; Insert a clove of peeled garlic that has been crisscrossed on the tip into the rectum (Give cayenne pepper under the tongue for any chest pain)... Also, 16 oz. of beet juice taken orally (sip) within 30 minutes works great. If any diarrhea starts, sip within 45 minutes instead of 30.

16: Cough: One cup of honey poured into a small cup size glass or plastic container with 8 drops of Eucalyptus Oil. Stir well and give adults 1 T. Children 1 t. (Do not give to children under one year old).

17: Earache: ½ - ⅓ c. olive oil and 4 cloves chopped garlic. Place oil and chopped garlic in a small pan and heat till olive oil heats up...you do not want to cook the garlic. Remove from heat and place in jar (you can strain the garlic if you'd like; I don't do this). Tear a tiny piece off from a cotton ball and use this to dab a bit of the oil...squeeze 3 drops into the infected ear. Cover with clean cotton ball.

18: Asthma Attack: Place a couple of drops each of Eucalyptus and Peppermint Oil into a pot of boiling water and stand over inhaling or place a couple drops of each in the HHN (Hand Held Nebulizer). Also do water treatments to chest/back area where lungs are... Also do deep breathing exercises in the open air. Rub Eucalyptus oil mixed with Olive Oil over chest/back lungs area. One more thing...1 drop of Propolis dropped in a Hand Held Nebulizer (HHN) will help zap the bacteria out.

19: Bronchitis: Do same as for Asthma (Eat lots of garlic as long as not on any blood thinners).

20: Pneumonia: Do same as for Asthma (Eat lots of raw garlic as long as not on any blood thinners).

- 21: Baby Colic:** Rub Olive Oil on gums of baby; Give catnip tea in bottle and administer a catnip tea enema using a bulb syringe.
- 22: Broken Bones** (For Pain) Comfrey Tea is known to work wonders: (Prepare 1 tsp. steeped in boiling water for 20 minutes. Drink 3 times day).
- 23: Bleeding** (External)...Cayenne Pepper (90,000 Heat Units). Wipe area and apply cayenne and apply pressure. If person is able, have them sip a cup of ½ t. cayenne pepper with water. Do this every half hour.
- 24: Stab Wounds** (Do the same as for External Bleeding) Pack Cayenne Pepper in wound well.
- 25: Gun Shots** (Do the same as for External Bleeding) Pack Cayenne Pepper in wound well.
- 26: Anaphylactic Shock** (Lobelia Tincture with Cayenne Tincture dropped on the side inside of mouth)
- 27: Sinusitis/Allergies:** Use Netty Pot per directions. Take Nettle and Astragalus Herbs in capsule or tea form.
- 28: For a fresh injury** (sprains/banging a body part): Think of R.I.C.E....
- R = Rest
 - I = Ice
 - C = Compress
 - E = Elevation

PLACES TO ORDER HERBS:

In Bulk (this is where I purchase my **Vitamin C powder/Activated Charcoal** and 90,000 HU **Cayenne Pepper** and Most Herbs) **Ameriherb: 1-800-267-6141** (Ask for their catalog)

Here is another Herb Co. to order herbs in bulk ...Ask them for a catalog as well...

San Francisco Herb Co. 1-800-227-4530 www.sfherb.com

Vitacost.com – This is where I order most of my bottled vitamins, herbs, supplements, Flax-seed Oil by Barlean's, Netty Pot and many other items. Shipping & Handling is only \$4.99. **Phone #: 1-800-381-0759**

The place where I purchase my **PURE PINE SAP** and **Pine salve called PAV:**

<https://esteemed-essentials.myshopify.com/collections/human-health/products/super-pav>

Phone#: 1-707-834-0711

You can also purchase **PINE SAP** for least expensive at **Medical Missionary Press:**

<http://www.mmpress.info/id55.htm>

SOP ABBREVIATIONS:

CD = Counsels on Diets and Food

HL = Healthful Living **MR** = Manuscript Release

MH = Ministry of Healing

Blog link:

<http://ravishingrecipesandhealthfacts.blogspot.com/2017/12/emergency-natural-remedies-for-medicine.html>